

# Physiotherapist (Volunteer)

Are you a physiotherapist looking to make a direct impact in your community?

Chez Doris is seeking a dedicated volunteer Physiotherapist to provide essential rehabilitation and pain-management support to marginalized women at our service points in downtown Montreal. This is a unique opportunity to use your skills to support women experiencing homelessness or living in precarious conditions in accessing physiotherapy services.

## **Responsibilities**

- Conduct comprehensive assessments tailored to participants needs.
- Develop simple, accessible, and realistic treatment plans that consider the constraints associated with homelessness or precarious living.
- Provide non-invasive therapeutic interventions (mobilization, therapeutic exercises, pain-management strategies, etc.).
- Teach safe and adapted home-based exercises according to participant's capacities.
- Identify conditions requiring medical assessment or specialized referral.

## **Qualifications**

- Member in good standing with the Ordre professionnel de la physiothérapie du Québec (OPPQ) and holder of a valid license.
- Clinical experience in adult physiotherapy.
- Sensitivity to the complex realities faced by women experiencing trauma, mental health challenges, addiction, or limited mobility.
- **Knowledge of trauma-informed care.**
- Strong communication and empathy skills.

To apply or learn more, please contact us at [Emily.vaillancourt@chezdoris.org](mailto:Emily.vaillancourt@chezdoris.org)

**514-883-7239**