

# Mental Health Professional (Volunteer)

Are you a mental health professional looking to make a direct impact in your community?

Chez Doris is seeking compassionate and skilled volunteer mental health professionals to provide essential counseling and support to marginalized women at our service points in downtown Montreal. This is a unique opportunity to use your skills to support women experiencing precarity and/or homelessness, trauma, and a precarious migrant status in accessing mental health support.

We are seeking qualified individuals in the following roles:

- Psychiatrists
- Psychotherapists
- Therapists/Counselors
- Clinical Social Workers
- Mental Health Nurse Practitioners

## **Responsibilities**

- Provide one-on-one counseling and mental health support to participants with diverse needs including trauma, anxiety, depression, and substance use who are not being followed by a mental health professional.
- Conduct mental health assessments and develop collaborative care plans.
- Collaborate with our health services coordinator and government social and health services network to ensure continuity of care as needed.

## **Qualifications**

- **Minimum of 3 hours per month** at the clinic.
- Minimum of 2 years of experience working with marginalized populations in a healthcare or social services capacity.
- Active and valid license/registration with your respective professional college in Quebec (e.g., OPQ, OTSTCFQ, OIIQ, etc.).
- Bilingual (French and English).

## **Assets**

- Familiarity with trauma-informed care and harm reduction principles.
- Experience working with Indigenous populations.

To apply or learn more, please contact us at [Emily.vaillancourt@chezdoris.org](mailto:Emily.vaillancourt@chezdoris.org)

**514-883-7239**