

## Dietitian / Nutritionist (Volunteer)

Are you a Dietitian/Nutritionist looking to make a direct impact in your community?

Chez Doris is seeking a compassionate and dedicated volunteer Dietitian/Nutritionist to provide accessible nutrition support to marginalized women at our service points in downtown Montreal. This is a unique opportunity to use your skills to support women experiencing homelessness or living in precarious situations in accessing nutrition support.

### **Responsibilities**

- Conduct individual nutrition assessments based on participants' needs, habits, and circumstances.
- Provide simple, accessible, and realistic nutrition recommendations adapted to limited budgets, inconsistent access to food, and unstable living conditions.
- Offer practical strategies tailored to the realities of homelessness and poverty.
- If possible, provide group education sessions, as needed.

### **Qualifications**

- Member of the Ordre professionnel des diététistes du Québec (ODNQ) or eligible equivalent.
- Clinical experience working with adults.
- Sensitivity to issues related to homelessness, poverty, mental health, and trauma.
- Strong communication and adaptability skills.

To apply or learn more, please contact us at [Emily.vaillancourt@chezdoris.org](mailto:Emily.vaillancourt@chezdoris.org)

**514-883-7239**