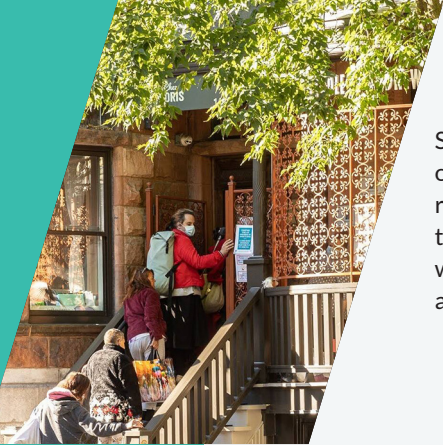


WHO WAS DORIS?

Chez Doris was founded in 1977, inspired by a young woman in distress whose most fervent wish was to find a safe place for vulnerable women like herself, as she struggled to survive on the streets of Montreal. Doris Toussaint's wish planted the seed for a refuge that has now served thousands of others.



Since her tragic death in November of 1974, her call for help has a given rise to Chez Doris, an organization that has welcomed thousands of women with respect, dignity and a safe space.

CHEZ DORIS SUPPORT COMES IN MANY FORMS

- Education and employment
- Essential needs
- Financial management
- Housing
- Indigenous programs
- Physical and mental health services
- Social and cultural well-being

INSPIRING SUCCESSES

Every one of these faces tells a story of resilience, courage and hope. Behind each one is a woman accompanied by Chez Doris in her journey towards well-being.



1. Marie | 2. Hadjira
3. Cindy | 4. Jackie
5. Marie-Claude
6. Diane (DG) and Brigitte
7. Jamie

Chez Doris helps women in need.

PLEASE DONATE TO OUR MISSION!



FOLLOW US TO SEE THE IMPACT OF YOUR GIFT



1430, Chomedey Street, Montréal (Québec) H3H 2A7
514 937-2341 | don-donation@chezdoris.org | chezdoris.org



CHEZ DORIS: MUCH MORE THAN A REFUGE

Since 1977, we've been helping vulnerable women get off the street or avoid ending up there, thanks to support and prevention programs, as well as practical help to face their challenges. Chez Doris has six (soon to be seven) service locations in Montreal.

FROM PRECARIETY TO AUTONOMY

A PATH TO AUTONOMY, TAILORED TO THEIR NEEDS

At Chez Doris, we start by offering essential care: a hot meal, a shower, a bed to sleep in, clean clothes, access to medical clinics, and a safe, caring environment to support Montreal's vulnerable women. We provide personalized support, whether they are students, retirees, precariously employed, or experiencing homelessness, to help them recover lasting autonomy. Rebuilding a life starts with more than a bed or a meal—we foster a deep feeling of being welcomed, heard, and supported..

When a woman finds the courage to walk through our doors, it's often with a heavy burden of traumatic experiences or because she can no longer meet her basic needs. At Chez Doris, we help her regain her agency and regain her independence.

1977

THE CAROLE AND ANDREW HARPER DAY SHELTER
1430 Chomedey St.



- Safe respite shelter
- Dormitories (10 beds)
- Meals, showers and closing room
- Access to a medical clinic
- Social, recreational and cultural activities

2022

THE ELSPETH MCCONNELL NIGHT SHELTER
1437 Chomedey St.

- Dormitories (24 beds)
- Common areas and support services
- Showers, sleepwear and snacks



2022

THE HEALTH AND SERVICES CENTRE
1445 Lambert-Closse St.



- More than 20 programs
- Monthly assistance with grocery purchases
- Access to a medical clinic
- Return-to-work program
- Community collaboration, social and creative activities

2023

THE BASH SHETTY RESIDENCE
1565, 1567, 1569, 1571, 1573 and 1575 Saint-André St.



- 20 private rooms with ensuite bathrooms
- Shared facilities
- Full-time on-site professional and security staff
- Daytime staff and accompaniment services
- Tailored individual support programs

2023

THE MARCELLE AND JEAN COUTU RÉSIDENCE
2233 de Champlain St.



- 26 studios for independent women
- Shared facilities
- Daytime staff and accompaniment services
- Tailored individual support programs

2025

THE SAINT-HUBERT RÉSIDENCE
1617, 1619 and 1621 Saint-Hubert St.



- Transitional residence for vulnerable women
- 19 rooms
- Shared facilities
- Range of reintegration programs
- Daytime staff and accompaniment services
- Tailored individual support programs
- Projected opening, late 2025

2028

THE FULFORD RESIDENT | MARCELLE AND JEAN COUTU BUILDING
1221 Guy St.



- New day shelter offering all our services
- 20+ rooms
- Projected opening by 2028

